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Heartstart Havering

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NEWS RELEASE

Andrew reaches new heights in fundraising

Last night (Thursday 28th October) Romford YMCA held an event to present certificates to the 100 people who took part in the 120-foot abseil down the side of the YMCA building on 12th September. These people also presented cheques to the 25 charities that they had raised money for.

The first £50 of each person's sponsorship money was split equally between the YMCA and Havering East Rotary Club's charities. The rest of the money raised by each person went to their nominated charity.

Andrew Attack raised a total of £270 and is shown in the attached photograph presenting a cheque for £220 to Keith Darvill who is the chairman of ***Heartstart Havering***.

When asked if he would ever do this again, Andrew said that he will be putting his name down as soon as the bookings for next year open.

If anybody else would like to take part and help Andrew raise money for ***Heartstart Havering***, please contact Andrew at the Heartstart Havering office to get more details about next year's event.

Heartstart Havering runs two-hour Emergency Life Support (ELS) classes for anybody who lives or works in the Havering area. The courses are free of charge although donations are asked for, but this causes a massive need for fund raising. At the end of each course, everyone receives a certificate, a book about ELS, a CPR reminder card and a resuscitation key ring. We received a donation from the Rotary Club of Hornchurch two years ago to purchase the first 250 of these key rings but now we need to raise £850 to purchase another 250.

Any one who would like to take part in one of these courses should contact Heartstart Havering on telephone number 01708 742566 or e-mail Heartstart@havering.org.uk or write to them at PO Box 4144, Hornchurch RM11 1GE. Their website also has information about courses www.havering.org.uk

— Ends —



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Notes to the editor

Heartstart Havering is an independent body, but is affiliated to Heartstart UK and is one of 1000 such groups around the UK

If you have any questions, Andrew can be contacted on ***** (number not to be published)

Attached photograph – Andrew Attack presenting a cheque for £220 to Keith Darvill, chairman of Heartstart Havering.



Heartstart Havering is affiliated to Heartstart UK.
Heartstart UK is an initiative co-ordinated by the British Heart Foundation to teach members of the public what to do in a life-threatening emergency: simple skills that can save lives.